



RIGHTS LIST
Spring 2010



Dear colleagues and friends,

We are delighted to present to you our new rights list for Spring 2010!

The new year has also brought quite a few changes: Our publishing house has recently moved to a different city and we are currently settling into our new offices. Please note our new contact details at the bottom of this page.

Also, as of 1 January 2010, the rights to our religious titles have gone to another publishing house, Schwabenverlag. Your Foreign Rights contact at Schwabenverlag is Ms Natalia Crespo (natalia.crespo@schwabenverlag.de). We will do everything we can to make sure the transition will be as smooth as possible for you and are happy to answer any questions that might occur during this process. Thank you for the great co-operation over the years and so many wonderful projects!

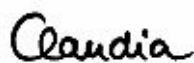
We will continue to be your contacts with regards to history and cultural history titles, memoirs and gift books as well as self-help and psychology titles. We hope you will enjoy browsing through this catalog and visiting us online at www.patmos-verlagsgruppe.de.

Please don't hesitate to contact us to set up a meeting in London (IRC 27q). We look forward to hearing from you!

With best wishes,



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Patmos Verlag / Artemis & Winkler

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Fax: +49 621 3901-188

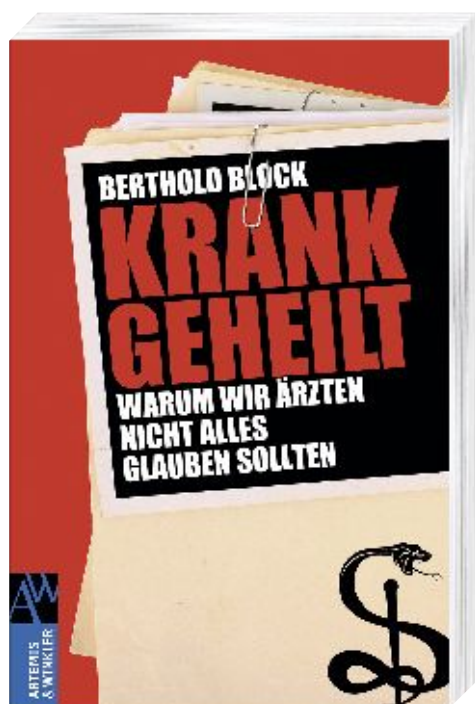
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/ A doctor tells it like it is – from the heart

/ A plea for empowering patients



Leaving the cult of health – for a more relaxed attitude

We go in for check-ups, scans and screening. We eat healthily and get plenty of exercise, all in the hope of having a long life. But in doing so we are chasing a mirage, according to Dr. Berthold Block. Early diagnosis and new diagnostic techniques are often little more than deceptive packaging – and they can even be harmful, if doctors give us a false sense of security or cause us to panic unnecessarily. Blind faith is not what we need. Dr. Block argues in favour of taking a more relaxed attitude towards our own health as a way of achieving a better quality of life.

Berthold Block

Still Ill

Why We Shouldn't Believe Everything Doctors Say

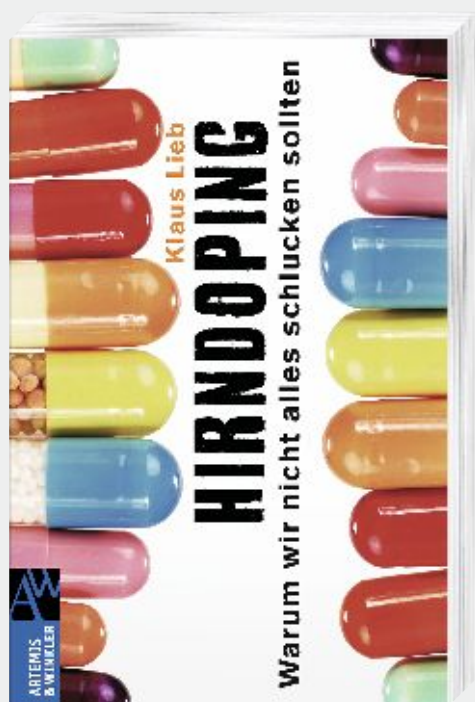
978-3-538-07302-9

Softcover with flaps
220 pp.

14 x 21.3 cm

/ Germany's first and only book on the subject of "brain doping"

/ Currently being widely discussed in the media



Coffee is out – Ritalin® is in

"Brain doping" is the latest trend, according to futurologists. Are we all going to be popping brain pills soon so we can be ready to achieve and be in a good mood all the time? According to a recent survey, one in four Germans would take these substances if they were readily available from the local chemist. And two million people in Germany are "doping" their brains already. But how do these substances work? What are the dangers and what alternatives are available? Physician Klaus Lieb offers well-grounded answers and warns of a society in which the desire to achieve knows no more limits.

Klaus Lieb

Brain Doping

Why We Shouldn't Swallow Everything

978-3-538-07301-2

Softcover with flaps
200 pp.

14 x 21.3 cm

- / In defence of slowing down
- / Time to take a long, hard look at the commuter lifestyle



Claas Triebel
**Mobile, Flexible,
 Always Contactable**
 When Freedom Turns
 Into a Nightmare

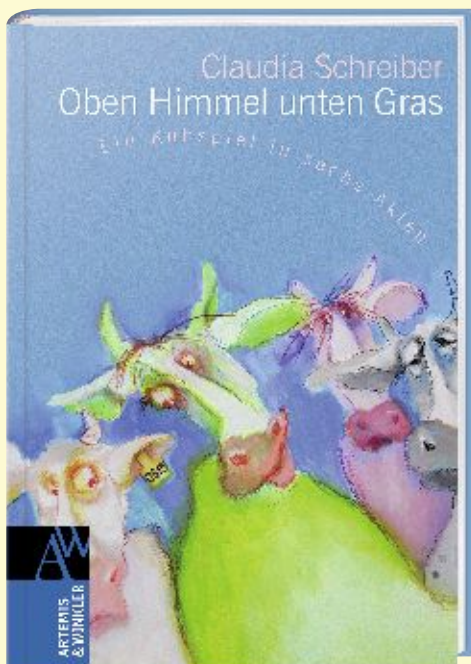
978-3-538-07286-2
 Softcover with flaps
 170 pp.
 14 x 21.3 cm

Have we all gone completely mad?

This is a question many people ask themselves these days. We jet across continents, taking our employers with us from place to place, ignore the line between work and leisure time – and feel like hostages of this freedom. Mobility, flexibility and staying in touch – once thought of as major achievements of the modern age – are turning into a nightmare for more and more people. Claas Triebel explains why this is and tells us how we can deal with it and what we will need to get used to in the future.

Claas Triebel (b. 1974) holds a PhD in psychology. An expert in careers coaching, he is a partner in a careers advisory firm and also lectures on organisational psychology at the Bundeswehr University, Munich.

- / Makes a great gift for friends
- / Humour in a bucolic setting
- / With drawings by Swiss illustrator Tabea Niederhauser



Written by a successful journalist and author

What happens when a herd of cows decide they don't want to carry on just producing milk? The "ladies" laugh together, live life on the edge, fall in love and take up the drums. The cows are happy, but their udders are empty. The farmer is not pleased. He scolds the cows and threatens them, saying "I'll make you all into soup!"

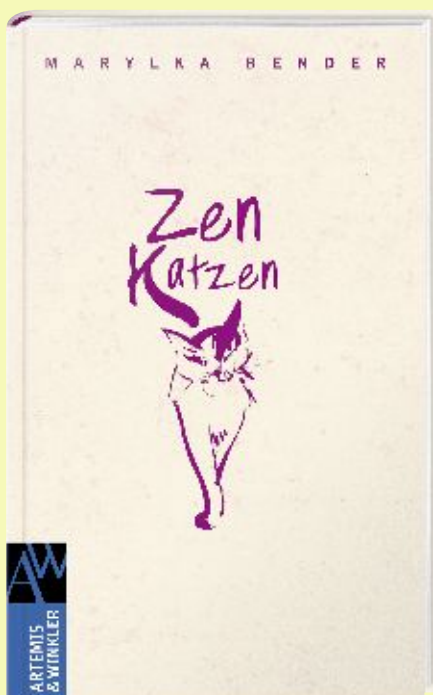
Claudia Schreiber's modern parable shows why it's worth daring to be different.

Claudia Schreiber
**Sky Above,
Grass Below**

A "Pasture-al" Comedy
in Six Acts

978-3-538-07289-3
Laminated paperback
96 pp.
13.5 x 19.5 cm

- / A jewel in text and image not only for cat lovers and people interested in Zen
- / With over 60 beautiful ink drawings



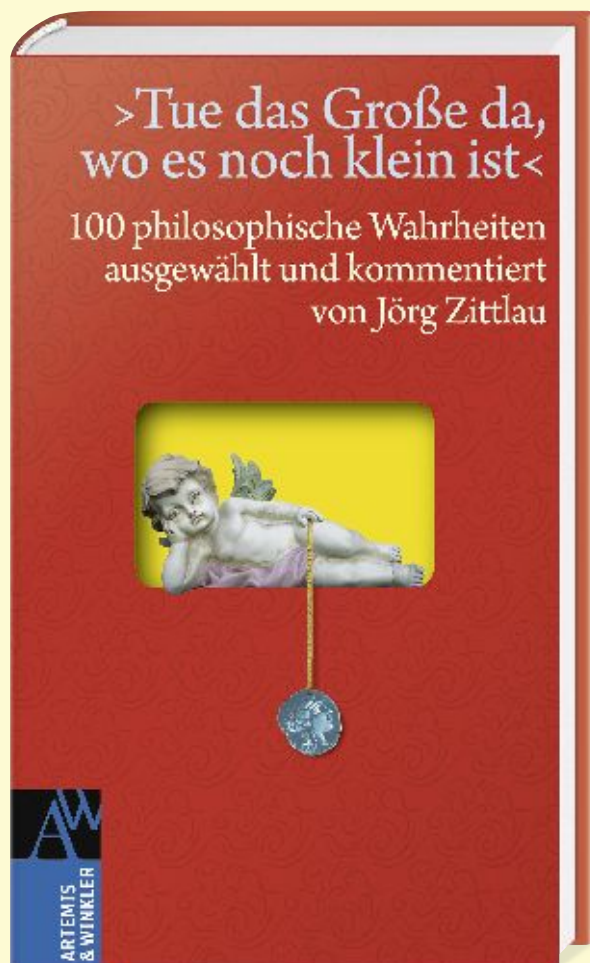
"Time spent with cats is never wasted" (Freud)

If Zen is the moment experienced, then cats are the ideal masters through which to grasp it. No other animal lives so much in the here and now, experiences the moment as intensely and acts accordingly. Only cats devote such great concentration to a fallen leaf that one could believe that they themselves were the leaf. Between cats and the intuitive ink painting of Zen exists a natural connection. The painting technique is a devotion to the moment, as is also practiced in the art of archery. Marylka Bender, painter and cat lover, captures the magic of the cat's soul in her pictures. A genuine pleasure for the senses and the soul.

Marylka Bender
Zen Cats

978-3-538-07304-3
Hardback
128 pp.
11 x 18 cm
With 64 ink drawings

- / An instruction manual for a better life
- / Humorous, relevant, practical
- / By the author of a best-selling book on popular psychology



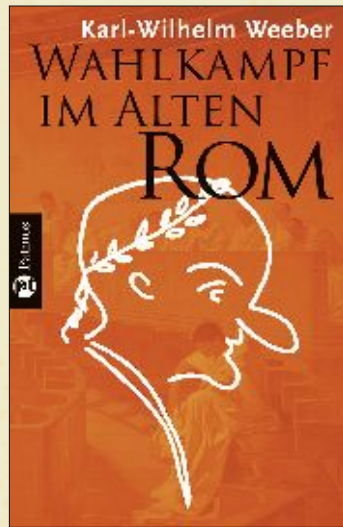
Jörg Zittlau
**“Do the Great While
 It Is Still Small”**
 100 Philosophical
 Truths

978-3-538-07296-1
 Hardback
 150 pp.
 11 x 18 cm

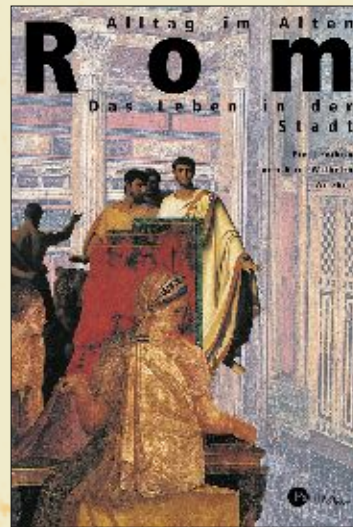
100 philosophical truths for a better life Everything could be so easy. Technical advances making our daily lives easier. We could feel safe and secure. And yet we make things difficult for ourselves through envy, fear and greed. Philosophy is the way out of this dilemma, says Jörg Zittlau. He explains in an accessible style and with plenty of humour how Kant, Nietzsche, Confucius and others can help us to be happy.

Jörg Zittlau holds a PhD in biology and degrees in philosophy and sports medicine. He writes for a variety of German-language, psychology and popular science periodicals as well as general-interest titles.

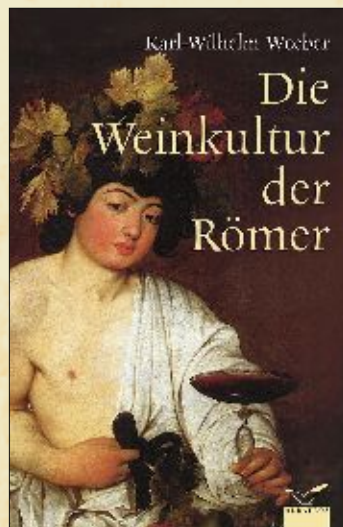
BACKLIST KARL-WILHELM WEEBER



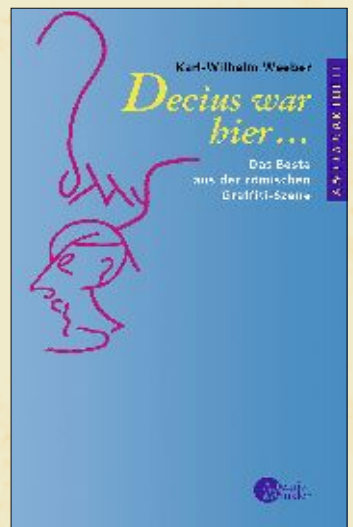
Election Campaigns in Ancient Rome
 (978-3-491-35008-3)
 How did election campaigns work in antiquity?
Sold: French, Italian



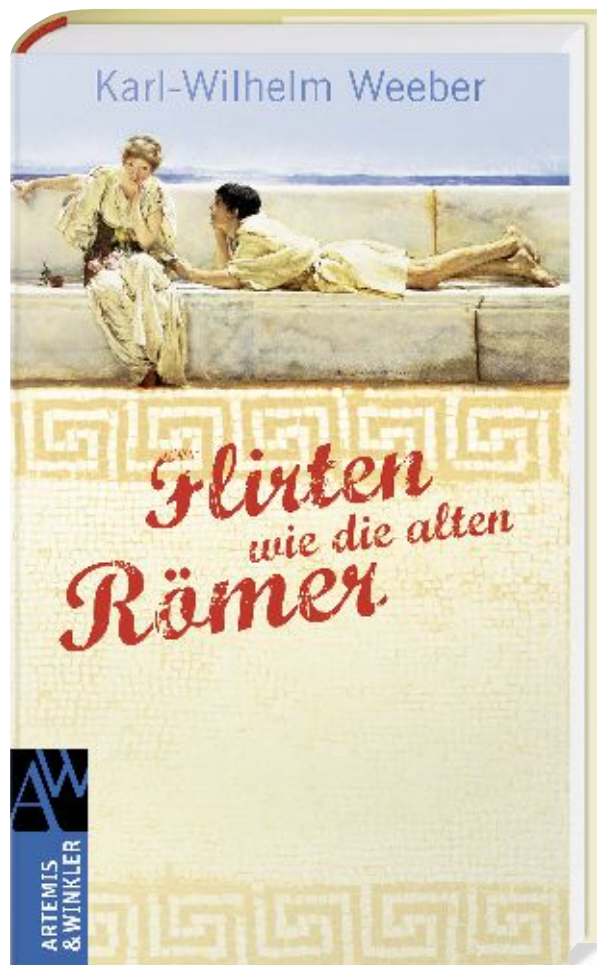
Daily Life in Ancient Rome
 (978-3-491-69108-7)
 Fascinating insights into everyday life in Ancient Rome.



Wine Culture in Ancient Rome
 (978-3-491-96137-1)
 In vino veritas. This book gives us an idea of the importance of wine and wine consumption for the culture of the Ancient Romans, the origin of our wine culture today.



Decius Was Here ...
 (978-3-7608-1131-4)
 The highlights of Ancient Rome's graffiti scene. Highly entertaining, funny, and sometimes strictly for adults only.



Karl-Wilhelm Weeber
**Flirting Like the
Ancient Romans**

978-3-538-03129-6

Hardback

226 pp.

11 x 18 cm

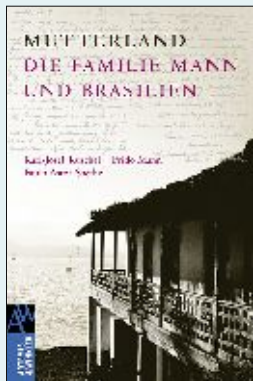
With 35 b/w illustrations

The art of ancient love Ovid has lost none of his relevance as a tutor in the art of love. Being brash or coy, using erotic flourishes, tenderness and passion – he gets right down to it, with no hang-ups or misplaced shame. Prof. Karl-Wilhelm Weeber, a recognized authority on everyday life in the ancient world, describes this poet’s era and works with a great deal of understanding and humour.

“Trust me, love’s pleasure’s not to be hurried,
but to be felt enticingly with lingering delays.”
Ovid, *The Art of Love*

Karl-Wilhelm Weeber, PhD, is a classical philologist and historian. He is a secondary school headmaster and holds a professorship in Ancient History at the University of Wuppertal. Karl-Wilhelm Weeber also lectures in classical language pedagogy at the University of Bochum.

BACKLIST HISTORY & CULTURAL HISTORY



Karl-Josef Kuschel, Frido Mann, Paulo Soethe
Motherland
 (978-3-538-07293-0)
 This highly intriguing title explores the Brazilian roots of Heinrich and Thomas Mann, whose mother was Brazilian, in particular with regards to how two great writers examine their country of origin. Featuring previously unpublished documents by Thomas Mann.



Detlef Bluhm
Of Authors, Books and Pirates
 (978-3-538-07285-5)
 Detlef Bluhm takes a look back over the nearly 3,000-year history of the book and shows that even Homer and Thestorides had a dispute over intellectual property. Some things never change ...



Heinrich Schönker
I Was Eight and Wanted to Live
 (978-3-491-35023-6)
 Holocaust survivor Heinrich Schönker's account of his childhood in the town of Auschwitz during the Second World War.
Sold: Polish



Stephan Marks
Why Did They Follow Hitler?
 (3-7941-36004-4)
 Why were millions of people enthralled by Hitler? How could they let themselves be corrupted by evil?
Sold: Greek, Korean, Polish
English summary available



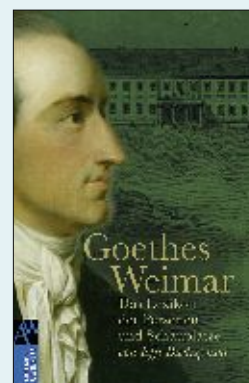
Norbert Ohler
The Medieval Traveller
 (978-3-538-07154-5)
 The great journeys and adventures of merchants, pilgrims, crusaders, performers and beggars.
Sold: Complex Chinese, Czech, English (World), Japanese
English translation available



Alois Uhl
The Popes and Their Women
 (978-3-538-07213-8)
 About women, who – as whores, daughters, nieces and advisors – were close to the popes, and their influence on church history.
Sold: Estonian, Lithuanian, Polish, Turkish



Holger Lundt
Cleopatra's Roses
 (978-3-538-07266-4)
 A stroll through the gardens of history with Napoleon, Cleopatra and other major historical figures. Contains seven biographical portraits complemented by botanical information.



Effi Biedrzyński
Goethe's Weimar
 (978-3-538-07300-5)
 An encyclopaedia of Goethe and his world carefully researched and compiled by one of the leading experts on the unrivalled writer. Featuring approx. 350 entries on various people and settings.

Further backlist titles can be found at www.patmos-verlagsgruppe.de

BACKLIST BIOGRAPHY



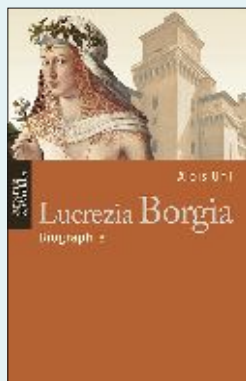
Jürgen Schreiber
She Died Like Che Guevara
 (978-3-538-07274-9)
 The story of an extraordinary woman who refused to compromise her beliefs and avenged Che Guevara.
Sold: Spanish (South America)
English sample translation available



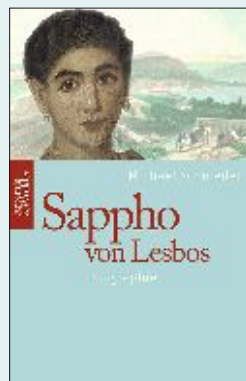
Nais Mason
My Strength Is Hope
 (978-3-491-36024-2)
 A moving portrayal of an astonishing woman infected with HIV by her own husband who decided to no longer be a victim and is today acknowledged as a leading global expert on AIDS working for the WHO and UNICEF.
English sample translation available



Eva Rieger
“Love Ever Radiant, Laughing Death”
 (978-3-538-07270-1)
 Eva Rieger provides a close examination of Wagner’s work and relationships to reveal how women influenced the composer’s immortal works.
Selected by New Book in German
English sample translation available



Alois Uhl
Lucrezia Borgia
 (978-3-491-35021-2)
 Was Lucrezia Borgia a ruthless poisoner and scandalous lover of many prominent men? Or was she a highly educated, cultured noblewoman who maintained a select circle of artists and scholars around her in Ferrara? Alois Uhl unveils the mystery.



Michael Schroeder
Sappho of Lesbos
 (978-3-538-07257-2)
 A great portrait of Europe’s first woman poet – as imaginative as it needs to be, as true to the sources as it can be.



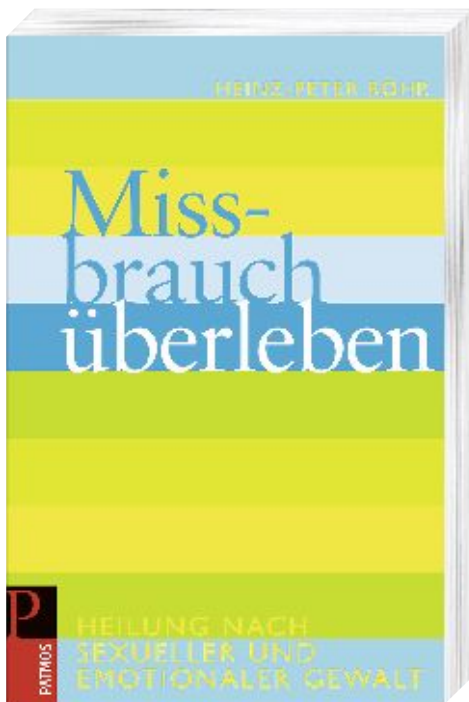
Franzpeter Messmer
Georg Friedrich Händel
 (978-3-538-35022-9)
 The first biography that shows how Händel paved the way of modern music. Contains new biographical information and provides fascinating insights into the glittering world of opera.

Further backlist titles can be found at www.patmos-verlagsgruppe.de

/ A fairy tale provides insights into healing

/ A classic work in the field

/ Updated edition



Relieving mental and emotional pain

People who experienced sexual or emotional abuse as children can often suffer from anxiety and depression or may be at risk of committing suicide, even decades later. Heinz-Peter Röhr presents ways of healing via an analysis of the Grimm fairy tale “All-Kinds-of-Fur” and numerous examples of cases from his own clinical therapy practice.

Heinz-Peter Röhr
Surviving Abuse
 Healing After Sexual and
 Emotional Violence

978-3-491-40168-6

Trade paperback

192 pp.

14 x 21.3 cm

Further titles by Heinz Peter Röhr

Paths Out of Dependency

(978-3-491-40116-7)

Interpreting the Grimm fairy tale “The Goose Maid”, Heinz-Peter Röhr shows how chronic dependency on others, often leading to destructive relationships and abuse, comes about and how negative relationship patterns can be overcome.

Sold: Korean

Addiction: Background and Healing

(978-3-491-40118-1)

At the base of every addiction, there is a desire, which only a deeper examination of the illness and its causes can help reveal. Based on many years of therapy work with addicts, Heinz-Peter Röhr provides help and suggestions for understanding and overcoming this illness.

Paths Out of Chaos

(978-3-530-30010-9)

The Grimm fairy tale “Hans the Hedgehog” can easily be interpreted as an account of borderline personality disorder. This book is for everyone who recognizes themselves in this tale and its modern interpretations. It is intended to help those with borderline personality disorder to understand themselves better.

Sold: Czech, Simplified Chinese

Fear of Rejection

(978-3-491-40127-3)

With the help of the Grimm fairy tale “Clever Else” Heinz-Peter Röhr explains the key structures of hysterical personality disorder defined by an enormous fear of rejection and an inner emptiness. He also sensitively shows how one can confront these suppressed fears and develop greater self-love.

Narcissism

(978-3-491-40148-8)

Many people have the tormenting feeling of living in an inner prison; they don't feel free and comfortable in their own skins. This book - primarily targeted at those afflicted - is about the origin of narcissism, its progression and healing possibilities.

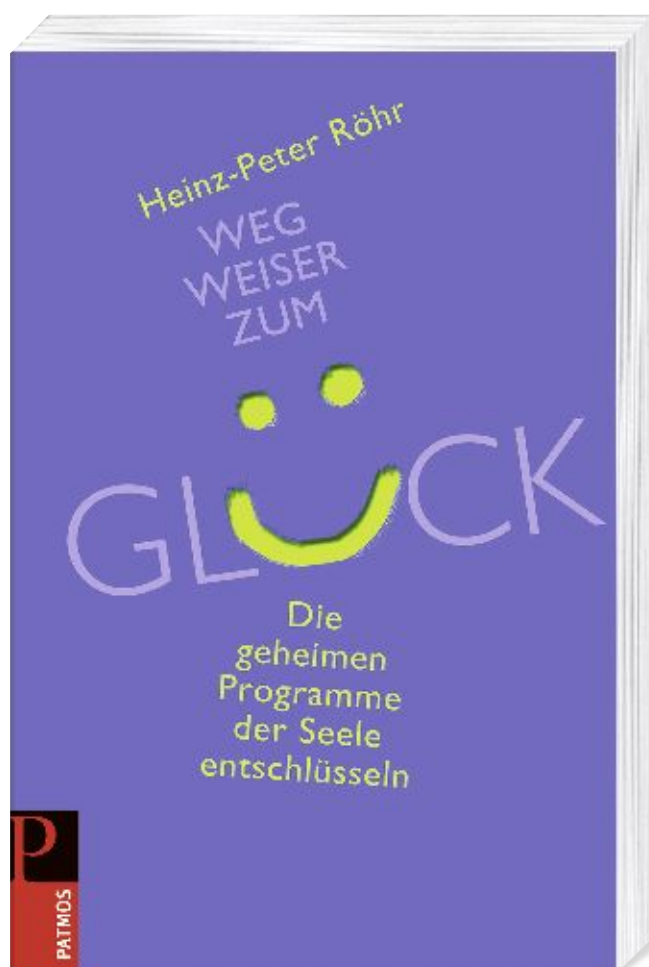
Sold: Czech, Polish, Simplified Chinese

The Happiness of Loving Yourself

(978-3-491-40124-2)

Many people believe they will find happiness through prosperity, effort and success. Yet often those who live for these external forms of happiness complain about a feeling of inner emptiness. Heinz-Peter Röhr demonstrates with the aid of the fairy tale “The Devil With the Three Golden Hairs”, how fear, lack of self-love as well as mental blockades hinder our inner growth and thus our true happiness in life.

- / An effective way to strengthen your feelings of self-worth
- / Prominent author with many years of clinical practice



Heinz-Peter Röhr
Pathways to Happiness
 Unlocking the Soul's
 Hidden Programing

978-3-491-40161-7
 Softcover with flaps
 180 pp.
 14 x 21.3 cm

If you like yourself, you've already

WON We could be happy, but sometimes old thought patterns make life difficult for us: "I'm a failure!", "Nobody likes me ...". These hidden lines programed inside us can undermine our feelings of self-worth and poison our soul – often resulting in anxiety disorders, depression or addiction. With examples from numerous case studies, Heinz-Peter Röhr shows us what we can do to delete this hidden programing and strengthen our feelings of self-worth, thereby clearing the path towards greater happiness and satisfaction in life.

Heinz-Peter Röhr has been working as a psychotherapist at a specialist centre for sufferers of substance abuse in Fredeburg, Germany, for over 30 years. He is also the author of numerous long-selling self-help titles.

- / Psychoactive drugs: a current topic
- / How to activate the body's own production
- / 25,000 copies sold in Germany



Totally legal drugs

Many people use psycho-pharmaceuticals to affect their performance and abilities. But not many know that the human body produces its own substances that can give us a boost. Josef Zehentbauer explains the biochemical processes that occur inside ourselves and the effects of the drugs produced by our own bodies. He provides a number of useful tips on how to activate and utilize the body's own psychoactive substances.

Josef Zehentbauer
No Side Effects – Guaranteed.
 Your Body's Own Drugs

978-3-491-40165-5
 Trade paperback
 200 pp.
 14 x 21.3 cm

- / Revised edition
- / Contains numerous helpful suggestions and effective exercises



“There's nothing to fear but fear itself”

(F. D. Roosevelt) Fear of spiders, of diseases, of other people, fear of fear – there are many forms and kinds of fear. The ordeal of people suffering from anxiety disorders is immense. This practical guide gives an overview of the ten most common anxiety disorders and provides a comprehensive self-diagnosis guide featuring case studies and questionnaires. It also offers an effective therapy program developed by the authors after years of clinical experience: Plenty of instructions, suggestions and exercises for patients and their relatives help sufferers to overcome their fears in seven progressive steps.

Hans Morschitzky/
 Sigrid Sator
The Ten Faces of Anxiety
 A 7-Step Self-Help Program

978-3-491-40167-9
 Trade paperback
 204 pp.
 14 x 21.3 cm



Gisela Preuschoff
Say It Another Way
How to Make Your
Relationship Work

978-3-491-40170-9
Trade paperback
142 pp.
14 x 21.3 cm

Talking together The way couples talk to one another is a decisive factor in making relationships succeed. Gisela Preuschoff explains the particular characteristics of male and female communication. She describes some typical conflicts that can arise in relationships and explains how to resolve them by speaking fairly. Clear examples demonstrate how effective communication works and can lead to increased respect, happiness and satisfaction in loving relationships.

Gisela Preuschoff is an experienced psychotherapist and has published numerous self-help titles.

/ The standard text for health professionals,
carers and counselors

/ Includes practical checklists



Claudia Cardinal
**Support for the Dying
and the Grieving**
A Handbook

978-3-491-40169-3
Trade paperback
250 pp.
14 x 21.3 cm
With b/w illustrations

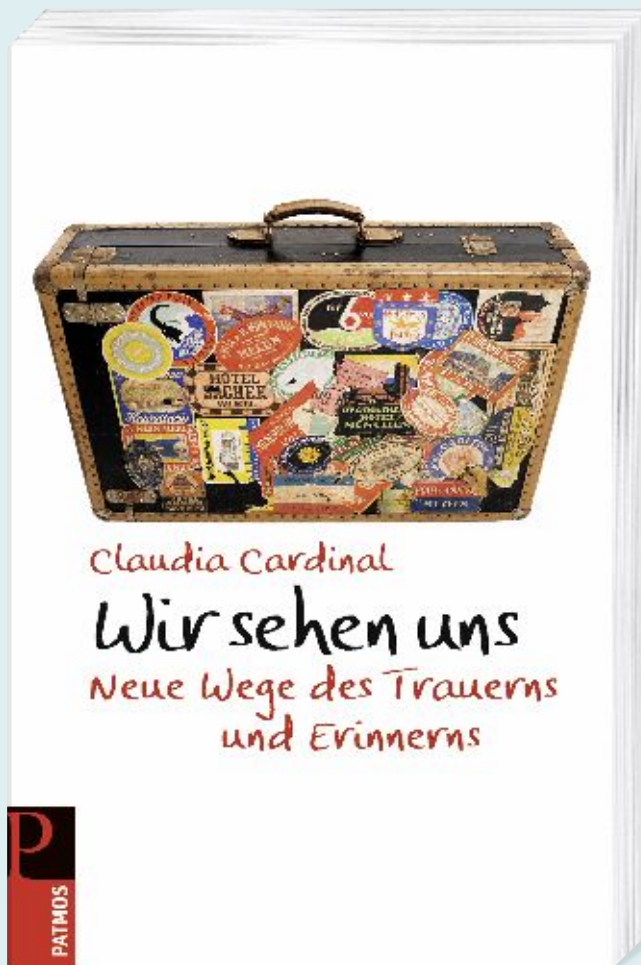
Accompanying the final farewell

Provision of care for the dying and the grieving is given only cursory attention in medical and health care training. Nevertheless, it is a regular part of work in these fields. This handbook provides a great deal of valuable assistance, including examples from case studies, specific problem-solving suggestions and advice, as well as pointers for providing care for people from different cultural backgrounds.

/ Many suggestions for creative ways to deal with grief

/ For family members and friends

16/17



Claudia Cardinal
I'll Be Seeing You
New Ways of Grieving
and Remembrance

978-3-491-40166-2
Trade paperback
200 pp.
14 x 21.3 cm
With b/w illustrations

How to keep memories alive In our culture, grief and remembrance are limited mainly to looking after graves in cemeteries. Claudia Cardinal, a death and grief counselor, has encountered many people who are looking for new, individual and creative ways of dealing with this final farewell. She provides many suggestions for family members and friends of people who have died, as well as examples of unusual ways to keep memories of loved ones alive.

Claudia Cardinal (b. 1955) lives in Hamburg, where she works as an alternative medical practitioner. For the past 20 years she has accompanied dying and grieving people through the process of saying goodbye and is dedicated to the creation of a modern European system of death care. Besides working in her own practice, she conducts training programs for death and grief counsellors and gives public talks and readings.

/ Moving conversations with the dying
 / An unusual take on death and passing away



Regine Schneider
**I Want to Die the Way
 I've Lived**
 Conversations
 About Death

978-3-491-42141-7
 Hardback with dust
 jacket
 220 pp.
 14 x 21.3 cm

Viewing death in a different way

Nothing is quite so capable of gripping our thoughts as the prospect of death and dying. Regine Schneider has spoken to people nearing the end of their lives, with family members and hospice staff, and with nurses, doctors and funeral directors. A number of public figures also give their thoughts on the subject. This is a book that shows how dealing with death can also enrich our lives.

Regine Schneider works as a journalist and editor for various magazines. She is also the author of over twenty popular non-fiction books.

BACKLIST AGEING & GRIEVING



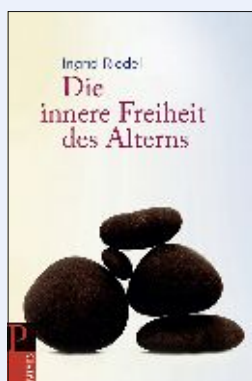
Sigrid Sator
Early Menopause
 (978-3-491-40114-3)
 The first book on the topic of early menopause. Contains many practical tips for those affected and helps them to deal with this new situation in life.



Urte Bejick
On the Way Out
 (978-3-491-72539-3)
 Spiritual pathways through the menopause and numerous suggestions for turning this troublesome time into a time of change.



Katharina Ley
Reconciliation With One's Parents
 (978-3-491-40143-3)
 Features many examples and exercises showing how adults can reconcile themselves with their parents and thus find inner contentment and freedom.



Ingrid Riedel
The Inner Freedom of Ageing
 (978-3-491-42121-9)
 Theologian and Jungian analyst Ingrid Riedel – aged over seventy herself – writes about the joyful experience of living completely in the here and now and being able to let go, something which most people only experience in their later years.



Ina M. König
Love Never Ceases
 (978-3-491-40145-7)
 A spiritual book that helps to preserve one's feelings for a deceased loved one and encourages those who are grieving to find their way back into life.



Gabriel Looser
Experience the Richness of Life in Dying
 (978-3-491-40109-9)
 A companion based on numerous real-life experiences offering concrete support and assistance for those dealing with people who are dying.

Further backlist titles can be found at www.patmos-verlagsgruppe.de

BACKLIST SELF-HELP & PSYCHOLOGY



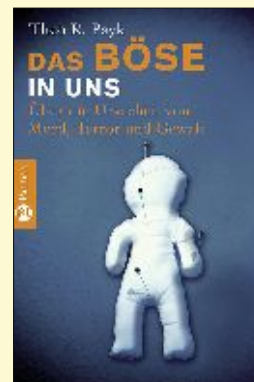
Regine Schneider,
Kerstin Schneider
Three's a Crowd
(978-3-491-40144-0)
How to safeguard your new relationship against the influence of your ex-partner.



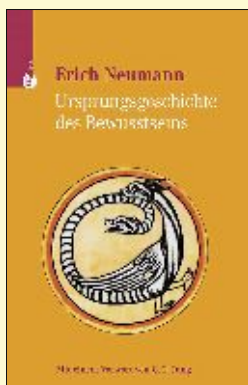
Björn Sufke
Men's Souls
(978-3-491-42113-4)
Why men dodge their feelings, and what you (and they!) can do about it.
Sold: Korean, Polish



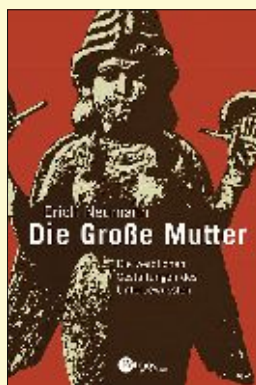
Stephan Marks
Why Did They Follow Hitler?
(978-3-491-36004-4)
Why were millions of people enthralled by Hitler? How could they let themselves be so seduced?
Sold: Greek, Korean, Polish
English summary available



Theo R. Payk
The Evil In Us
(978-3-491-36014-3)
The dark side of human beings – a comprehensive account, explained through behavioral biology, psychiatry and brain research.
Sold: Korean, Romanian



Erich Neumann
The Origin of Consciousness
(978-3-530-42185-9)
About the emergence of consciousness and the development of the human personality. A classic of Jungian psychology.
Sold: English (World), Italian, Korean, Polish, Portuguese (World)



Erich Neumann
The Great Mother
(978-3-491-69801-7)
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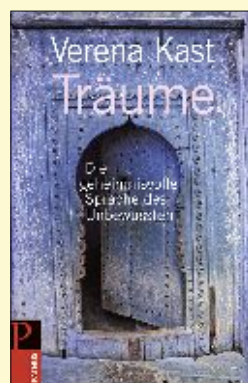
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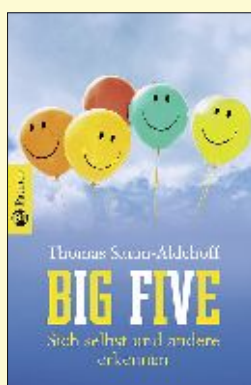
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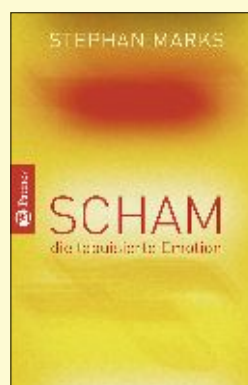
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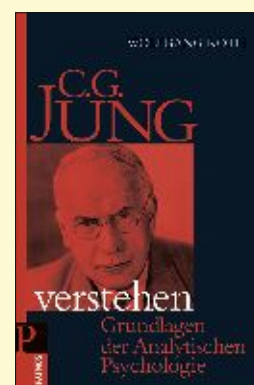
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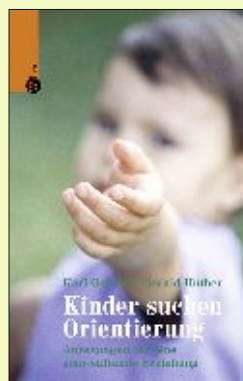
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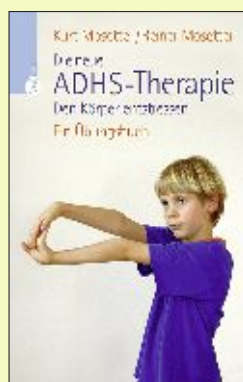
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